

**OUR CARING, SKILLED STAFF ARE WITH YOU  
EVERY STEP OF THE WAY TO GUIDE YOU  
THROUGH THE SYSTEM.**

#### **How to Access**

The Commonwealth Home Support Program (CHSP) is the starting point for those aged 65 years or older (or 50 years or older for Aboriginal or Torres Strait Islander people).

To access CHSP services you need to contact My Aged Care on 1800 200 422 and request an assessment.

Our staff are here to support you with this step, so please call us and we can start the process together.

#### **Interested to know more?**

Please contact our  
CHSP Services Coordinator  
Phone: (03) 5391 4333  
Email: [chsp@wwhs.net.au](mailto:chsp@wwhs.net.au)



WEST  
WIMMERA  
HEALTH  
SERVICE

## **HOME SUPPORT**

*Your Care, Your Choice!*

Supporting you to live your  
best life in your community.



# HELPING YOU AT HOME

Caring for your health and wellbeing is crucial, and as you age there are some daily tasks for yourself and your home that can be difficult to do.

We are dedicated to supporting you to maintain your independence and create safe ways for you to continue to enjoy living at home.

We are committed to partnering with you to meet your individual needs. Where possible, we will provide you with a choice of support worker and do our best to accommodate your choice of days and times.

## WHERE CAN WE SUPPORT YOU

WWHS has been funded to provide Home Support to the following communities: Nhill, Jeparit, Rainbow, Dimboola, Minyip, Murtoa, Rupanyup, Kaniva, Goroke, Edenhope, Apsley, Harrow and surrounding areas.



# HOME SUPPORT SERVICES

WWHS is funded through the Commonwealth Home Support Program (CHSP) to fund the following supports to help you at home:

## DOMESTIC ASSISTANCE

We can help with house cleaning, washing and shopping.

## PERSONAL CARE

We can help with daily living and self-care tasks like eating, bathing, dressing and medication.

## GROUP SOCIAL SUPPORT

Group activities at your local centre (meals included) or outings at off-site locations with transport provided as part of the service.

## INDIVIDUAL SOCIAL SUPPORT

We can have someone spend time with you, in your home or out and about, having fun or attending appointments and paying bills.

## TRANSPORT

We can assist with driving you locally.

## MEAL DELIVERY

We can deliver a meal to your home.

## HOME MAINTENANCE AND REPAIRS

We can assist with gardening, gutter cleaning and minor repairs around your house.

## HOME OR COMMUNITY GENERAL RESPITE

We can care for a loved one to give carers a break from their usual responsibilities.

**WWHS can also deliver the following CHSP services in towns where we have a campus:**

- Allied Health and Therapy Services
- Home Adjustments
- Nursing Care
- Specialised Support Services (Continence)

\*Please note: service availability may vary by location.