

## Maternal and Child Health Centres

**Beulah** - 71 Phillips Street

**Dimboola** - 27 Hindmarsh St

**Edenhope** - 49 Elizabeth Street

**Goroke** - 54-62 Natimuk-Frances Road

**Harrow** - 24 Blair Street

**Hopetoun** - 87 Mandeville Street

**Jeparit** - 2 Charles Street

**Kaniva** - 28 Baker Street

**Minyip** - 23 Church Street

**Murtoa** - 1A Webb Street

**Nhill** - Whitehead Avenue

**Patchewollock** - 54 Federation Street

**Rainbow** - 2 Swinbourne Avenue

**Rupanyup** - 55 Cromie Street

**Tempy** - Boschert Street

**Warracknabeal** - 11 Werrigar Street

**Woomelang** - 16 Proctor Street

## Maternal and Child Health Nurses

**Chantelle Fisher**  
Rainbow  
**0459 326 315**

**Chloe Stephenson**  
Minyip, Murtoa, Rupanyup,  
Warracknabeal  
**0427 876 355**

**Judy Harrington**  
Goroke, Harrow, Kaniva  
**0428 595 725**  
Dimboola  
**0408 911 056**

**Mandy Stephan**  
Nhill, Jeparit, Rainbow,  
Dimboola  
**0429 911 287**

**Mardi Greifhahn**  
Edenhope  
**0460 955 651**

**Michelle Schilling**  
Beulah, Hopetoun,  
Patchewollock, Tempy,  
Warracknabeal, Woomelang,  
Yaapeet  
**0437 762 104**

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**Adrienne Caldwell - Perinatal Emotional Health Worker**  
All sites  
**0418 818 127**



**WEST  
WIMMERA  
HEALTH  
SERVICE**

# Maternal & Child Health Services



## KEY AGES AND STAGES APPOINTMENTS

Maternal and Child Health nurses work alongside families to support babies and young children from birth to school age – and it's completely free.

You'll see a maternal and child health nurse at **10 key ages and stages** of your child's development, with extra visits available whenever they're needed. Additional appointments are also scheduled to make sure your child receives all funded (free) immunisations on time under the National Immunisation Schedule.

The **QR codes** in this booklet match each age and stage. Scan them to access practical information that helps you prepare for your nurse visit, plus resources to build your confidence and knowledge as your child grows.

# WHAT TO EXPECT AT YOUR APPOINTMENTS

1 Home visit



2 2 weeks



3 4 weeks



4 8 weeks



5 4 months



6 8 months



7 12 months



8 18 months



9 2 years



10 3 ½ years



We, West Wimmera Health Service, acknowledge the traditional owners of the land, the Wotjobaluk, Jaadwa, Jadwadjali, Wergaia and Jupagalk people.

We pay our respects to the Elders past, present and emerging. We thank the traditional owners for custodianship of the land, and celebrate the continuing culture of the Wotjobaluk, Jaadwa, Jadwadjali, Wergaia and Jupagalk people.



West Wimmera Health Service is committed to providing a safe and welcoming environment for all people to participate, including those with diverse sexualities and genders.



West Wimmera Health Service provides translation services through the Victorian Translation Service (VITS) Language Loop.

If you require a translator, please let our staff know when booking an appointment.