

GET THE SUPPORT  
YOU NEED. CALL US

## APPOINTMENT DETAILS

**Standby Admission Date:**

**Admission Date:**

**Discharge Date:**

**Discharge Time:**

**Note:** If you think you will be late,  
please let us know.

**Queries:** Please contact the person  
with whom you have booked.

**Cancellation:** If you're unable to  
attend, please inform the person you  
made the booking through prior to the  
day of admission, this will allow the  
place to be offered to another family.

The facility is an alcohol, smoke and  
drug free zone.



## CONTACT US

**Early Parenting Practitioner**

**0448 906 100**

**[hindmarshdaystay@wwhs.net.au](mailto:hindmarshdaystay@wwhs.net.au)**

**Hindmarsh Day Stay**

**79 Victoria Street**

**Nhill 3418**



Consumer Reviewed 

*tweedle*  
child & family health service



WEST  
WIMMERA  
HEALTH  
SERVICE



## ABOUT THE DAY STAY PROGRAM

**Welcome to Day Stay.** Your stay with us will provide an opportunity for you and your family to explore any parenting issues you are currently facing.

Specialist staff are able to provide your family with an opportunity to:

- Increase parenting skills and knowledge.
- Learn new strategies to deal with parenting difficulties such as:
  - Settling and sleep;
  - Breast or formula feeding; and
  - Nutrition.
- Talk to other parents experiencing similar challenges.
- Understand your child's development and behaviour.
- Discuss health and wellbeing issues.

“ WE PROVIDE SUPPORT FOR YOUR FAMILY. ”

## HEALTH & ALLERGIES

It is important that all family members are well enough to participate in the program.

Please notify us if you or your child/ren are not well. Your booking will be rescheduled in these cases.

We know that some parents choose not to immunise their child. If there is an outbreak of an infectious disease we will ask the family to leave the program. If you or your child have an allergy to food or other substances, please tell us. If you have an allergy management plan, bring it with you.

## ON THE DAY

### WHAT TO BRING

- Medicare Card and Health Benefit Card (if you have one)
- Completed administration forms (mailed/emailed to you prior to admission)
- Child Health Record book
- Any medication that any family member is currently taking, in original containers

### FOR YOURSELF

- Comfortable clothing
- Pen and paper
- Lunch, snacks & cold drinks (tea, coffee and biscuits supplied)

### FOR YOUR CHILDREN

- Change of clothes
- Nappies
- Nappy wipes
- Bag to take soiled nappies home
- Dummy (if used)
- A special toy—book, blanket, soft toy
- Infant formula, bottles, bottle brush and teats (sterilising equipment is provided)
- Food for your child
- Sheets and blanket for the cot
- Bathroom towel

### FACILITIES

Tea, coffee & biscuits are provided. Comfortable chairs and cots are available to you and your family.