

MINYIP TOWN PROFILE 2022



Photo credit: Yarriambiack Shire Council

Minyip was first established in 1872. Located in the Yarriambiack Shire it is 31.3kms from Warracknabeal and 53kms from Horsham. Its name comes from the Traditional Language word for 'ashes' or 'camping place'.

Minyip sits in close proximity to the larger centre of Warracknabeal, which provides most key shopping and services. It may be familiar to many Australians as the home of the 'Flying Doctors' television series in the late 1980s and early 1990s. This is still a source of pride for Minyip and influences the streetscape. Agriculture, especially grain production, is the dominant influence in Minyip. Like many smaller rural communities, Minyip's main street has many closed shops or commercial buildings converted to residential use. It sits on the intersection of busy arterial roads and also benefits to some degree from the Silo Art trail traffic.

WHO IS MINYIP?



49.7%

Population
525



50.3%

The median age is
57



Country of Birth
(Other than Aus)

England, New Zealand, Netherlands, Germany and Thailand



Households

38.3% Single Person

60.4% Family



6.2% of Households speak a language other than English



Families

- Couple without children **47.8%**
- Couple with children **31.6%**
- One Parent **18.4%**

WWHS IN MINYIP

Facilities: Community Health Centre

Services:

- Community Nursing
- Diabetes Education
- Dietetics
- Exercise Groups
- Health Education & Promotion
- Occupational Therapy
- Packaged Care
- Physiotherapy
- Podiatry
- Social Work
- Speech Therapy
- Social Support Group

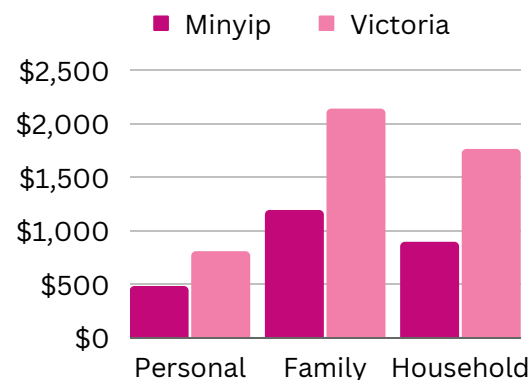
Top Employment Industries

- Other Grain Growing
- Aged Care Residential Services
- Grain-Sheep or Grain-Beef Cattle Farming
- Hospitals / Health Services
- Primary Education

1%

are Aboriginal or Torres Strait Islander

Median Weekly Income



MINYIP IS KNOWN FOR:

Being the "Heart of the Wheat Belt", St Johns Lutheran Church and filming location of TV series "The Flying Doctors".



We acknowledge that Minyip is located on the Traditional Lands of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk people, and pay our respects to their elders past, present and emerging.



WEST WIMMERA HEALTH SERVICE



HOW HEALTHY IS MINYIP'S LGA (YARRIAMBIAK SHIRE)?

Traditionally, health has been measured in rates of illness and disease. When people experience these it can have a larger impact on other aspects of their lives and on society. This is known as the burden of disease. There are systems of reporting that can give high-level information about the burden of disease to **local government or post-code areas**. These include the following sources: ABS Census, PHIDU Social Health Atlas of Australia, VAHI Victorian Population Health Survey, Dental Health Services Victoria Oral Health Profiles and data from the Crime Statistics Agency.

5 year olds with full immunisation

94.9%



86  **Median age at death**  **82**

CANCER **6.1%** of adults have cancer (inc. remission)*

46.1% participate in bowel screening

60.6% participate in breast screening


49.2% participate in cervical screening

Adults with anxiety or depression


Females - **41.1%**

Males - **32%**

9.9% of adults have been diagnosed with heart disease




Potentially preventable hospital admissions is **30%** above the national average



9.3% of adults have three or more selected (see page 4) **chronic diseases***

102 police-recorded family incidents in 2022




Potential years of life lost due to premature deaths is 67% above the national average

10% have a profound or severe disability




5.6% of adults have ever been diagnosed with Type 2 Diabetes



Children with at least one decayed, missing or filled baby or adult tooth

33% - 0-5 years

59% - 6 years



In the Yarriambiack Shire:

- People have similar rates as the state in cancer screening participation, except cervical which is slightly lower than state
- The rate of females having anxiety or depression is higher than males, which is the same as the state
- The proportion of males and females having anxiety or depression is higher in Yarriambiack compared to the state
- Hospital admissions for preventable conditions is similar to the Australian average
- Police-recorded family incidents is similar to the state rate
- Children with tooth decay at public services is slightly higher than the state

This comparison highlights the areas most in need of improvement for Yarriambiack. Some things that could be done to help in these areas are:

- More mental health services
- Increased education on oral hygiene

*Data at town level not LGA

WELLBEING IN MINYIP'S LGA (YARRIAMBIA SHIRE)

Wellbeing is derived from far more than physical health. Other factors – the social determinants of health – also impact on both physical and mental wellbeing. Once again, national and state-wide data can give us a high level picture of wellbeing in Minyip.



Highest level of Educational Attainment*

Bachelor Degree and above	10.3%
Advanced Diploma and Diploma	8.8%
Certificate III or IV	14.7%
Year 10,11 or 12	35.1%
Certificate I or II	0%
Year 9 or below	12.7%

10.8%

of people 65 and over have a Senior Health Card

8.8%

Receive long-term unemployment benefit

5.7%

Low income, welfare-dependent families (with children)

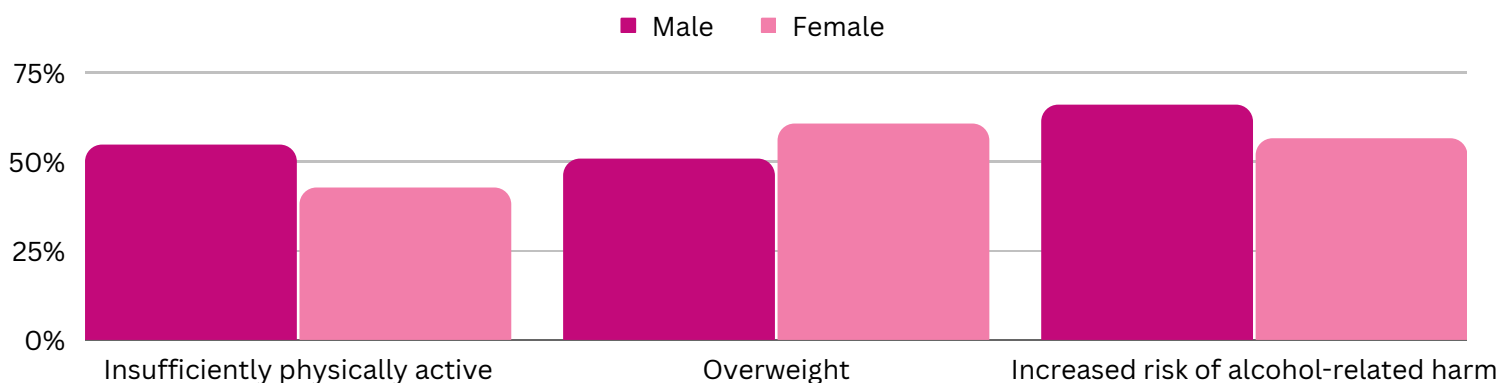
29.5% current smokers (daily and occasional)



13.3% consume sugar-sweetened soft drinks daily



55.8% do not meet dietary guidelines for either fruit or vegetable consumption



Key differences in the Yarriambiack Shire Local Government Area compared to state averages are:

- The proportion of current smokers is almost double the Victorian average
- Higher proportion of males who are insufficiently active
- Higher proportion of females who are overweight


While this data is collected at the Local Government Area level, when considered in the context of Minyip's demographics, some key influencing factors are:

- There is a significant proportion of older adults who may have mobility issues or limited ability to participate in physical activity
- Most people work in the farming industry (especially grain farming) which due to the increase of machinery use has led to farmers being less active in their daily work
- Lower median income which can affect people's ability to access resources to support health and wellbeing, and can contribute to higher rates of unhealthy behaviours such as smoking
- Higher proportion of people who live alone

*Data at town level not LGA

This is the first edition of Minyip's Health and Wellbeing Profile. For this version, we are providing a more in-depth look at chronic disease statistics. In future versions, we will include a page on the outcomes of our 5 Top Things survey. This specific local survey will be Minyip's opportunity to identify what matters most about health and wellbeing to the people who live here.

HOW DOES MINYIP COMPARE?

<p>Dementia (inc. Alzheimer's)</p> <p>Minyip 1.7%</p> <p>Victoria 0.7%</p>	<p>Kidney disease</p> <p>Minyip 1.7%</p> <p>Victoria 0.9%</p>	<p>Lung condition</p> <p>Minyip 3.2%</p> <p>Victoria 1.5%</p>
<p>Stroke</p> <p>Minyip 2.3%</p> <p>Victoria 0.9%</p>	<p>Cancer (inc. remission)</p> <p>Minyip 6.1%</p> <p>Victoria 2.8%</p>	<p>Asthma</p> <p>Minyip 10.9%</p> <p>Victoria 8.4%</p>
<p>Diabetes (Type I and Type II)</p> <p>Minyip 10.1%</p> <p>Victoria 4.7%</p>	<p>Mental health condition</p> <p>Minyip 14.9%</p> <p>Victoria 8.8%</p>	<p>Arthritis</p> <p>Minyip 18.5%</p> <p>Victoria 8.0%</p>
<p>Heart disease</p> <p>Minyip 9.9%</p> <p>Victoria 3.7%</p>		<p>Other long-term conditions</p> <p>Minyip 9.9%</p> <p>Victoria 8.0%</p>

PRIORITIES FOR MINYIP

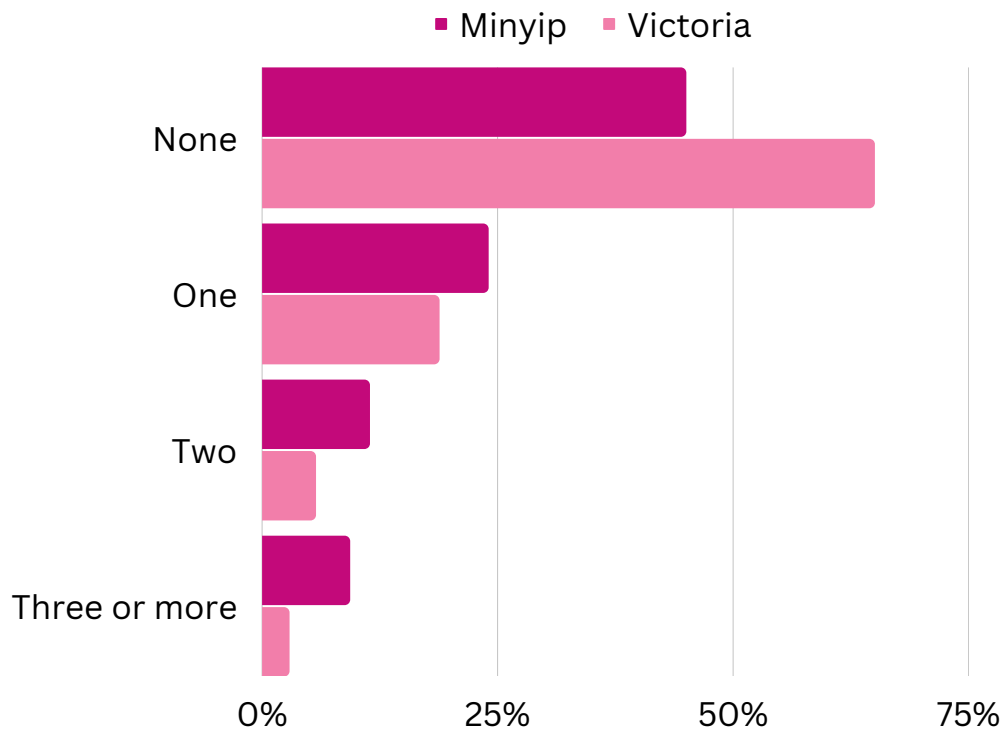
The regional health promotion priorities for the Wimmera and Southern Mallee are:

- Healthy Eating
- Active Living
- Social Connection
- Reduction of Harm from Tobacco and Alcohol

Foundational activities for the WWHS Health Promotion team include:

- Cafe Health
- 3in1 Towards a Healthy Town
- WWHS Community Health & Wellbeing grants projects:
 - Mini Silo Art Walking Track

How many of the above long-term conditions do people have?



Strategic Health Promotion work in Minyip is governed by the four regional priorities (listed left), but activities in each location are adjusted to local settings.